

# Counting Worksheets 1 – 30 (forwards and backwards)

Grade 1 - Counting worksheet to practice number counting

Complete the sequence by either adding or subtracting 1 to find the missing numbers.

a) 

4	5								13
---	---	--	--	--	--	--	--	--	----

b) 

			26	25	24				
--	--	--	----	----	----	--	--	--	--

c) 

23					18	17			
----	--	--	--	--	----	----	--	--	--

d) 

							8	7	6
--	--	--	--	--	--	--	---	---	---

e) 

		18	17	16					
--	--	----	----	----	--	--	--	--	--

f) 

17	16								8
----	----	--	--	--	--	--	--	--	---

g) 

			13					18	19
--	--	--	----	--	--	--	--	----	----

h) 

	19	20							27
--	----	----	--	--	--	--	--	--	----

i) 

18	19						25		
----	----	--	--	--	--	--	----	--	--

j) 

28			25				21		
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## Answer Key

Complete the sequence by either adding or subtracting 1 to find the missing numbers.

a) 

4	5	6	7	8	9	10	11	12	13
---	---	---	---	---	---	----	----	----	----

b) 

29	28	27	26	25	24	23	22	21	20
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c) 

23	22	21	20	19	18	17	16	15	14
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d) 

15	14	13	12	11	10	9	8	7	6
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e) 

20	19	18	17	16	15	14	13	12	11
----	----	----	----	----	----	----	----	----	----

f) 

17	16	15	14	13	12	11	10	9	8
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g) 

10	11	12	13	14	15	16	17	18	19
----	----	----	----	----	----	----	----	----	----

h) 

18	19	20	21	22	23	24	25	26	27
----	----	----	----	----	----	----	----	----	----

i) 

18	19	20	21	22	23	24	25	26	27
----	----	----	----	----	----	----	----	----	----

j) 

28	27	26	25	24	23	22	21	20	19
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