

Counting Worksheets 1 – 30 (forwards and backwards)

Grade 1 - Counting worksheet to practice number counting

Complete the sequence by either adding or subtracting 1 to find the missing numbers.

a)

	19		21			24			
--	----	--	----	--	--	----	--	--	--

b)

			14		16			19	
--	--	--	----	--	----	--	--	----	--

c)

	12			15			18		
--	----	--	--	----	--	--	----	--	--

d)

		9			12				16
--	--	---	--	--	----	--	--	--	----

e)

		18		16			13		
--	--	----	--	----	--	--	----	--	--

f)

11			8			5			
----	--	--	---	--	--	---	--	--	--

g)

		15			12			9	
--	--	----	--	--	----	--	--	---	--

h)

	18			21					26
--	----	--	--	----	--	--	--	--	----

i)

		8			11			14	
--	--	---	--	--	----	--	--	----	--

j)

24			21			18			
----	--	--	----	--	--	----	--	--	--

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Answer Key

Complete the sequence by either adding or subtracting 1 to find the missing numbers.

a)

18	19	20	21	22	23	24	25	26	27
----	----	----	----	----	----	----	----	----	----

b)

11	12	13	14	15	16	17	18	19	20
----	----	----	----	----	----	----	----	----	----

c)

11	12	13	14	15	16	17	18	19	20
----	----	----	----	----	----	----	----	----	----

d)

7	8	9	10	11	12	13	14	15	16
---	---	---	----	----	----	----	----	----	----

e)

20	19	18	17	16	15	14	13	12	11
----	----	----	----	----	----	----	----	----	----

f)

11	10	9	8	7	6	5	4	3	2
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g)

17	16	15	14	13	12	11	10	9	8
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h)

17	18	19	20	21	22	23	24	25	26
----	----	----	----	----	----	----	----	----	----

i)

6	7	8	9	10	11	12	13	14	15
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j)

24	23	22	21	20	19	18	17	16	15
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