

Counting Worksheets 1 – 50 (forwards & backwards)

Grade 1 - Counting worksheet to practice number counting

Complete the sequence by either adding or subtracting 1 to find the missing numbers.

a)

32			29						23
----	--	--	----	--	--	--	--	--	----

b)

28	27					22			
----	----	--	--	--	--	----	--	--	--

c)

			11					16	17
--	--	--	----	--	--	--	--	----	----

d)

	40	41			44				
--	----	----	--	--	----	--	--	--	--

e)

			8	7			4		
--	--	--	---	---	--	--	---	--	--

f)

4	5				9				
---	---	--	--	--	---	--	--	--	--

g)

	7							14	15
--	---	--	--	--	--	--	--	----	----

h)

10		12			15				
----	--	----	--	--	----	--	--	--	--

i)

			12	11			8		
--	--	--	----	----	--	--	---	--	--

j)

21						15	14		
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Answer Key

Complete the sequence by either adding or subtracting 1 to find the missing numbers.

a)

32	31	30	29	28	27	26	25	24	23
----	----	----	----	----	----	----	----	----	----

b)

28	27	26	25	24	23	22	21	20	19
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c)

8	9	10	11	12	13	14	15	16	17
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d)

39	40	41	42	43	44	45	46	47	48
----	----	----	----	----	----	----	----	----	----

e)

11	10	9	8	7	6	5	4	3	2
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f)

4	5	6	7	8	9	10	11	12	13
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g)

6	7	8	9	10	11	12	13	14	15
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h)

10	11	12	13	14	15	16	17	18	17
----	----	----	----	----	----	----	----	----	----

i)

15	14	13	12	11	10	9	8	7	6
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j)

21	20	19	18	17	16	15	14	13	12
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