Counting Worksheets 1 – 50 (forwards & backwards)

Grade 1 - Counting worksheet to practice number counting

Complete the sequence by either adding or subtracting 1 to find the missing numbers.

a)

38					33				29

b)

		23	22				18		

c)

				13			16		18

d)

36		38			41				

e)

	11		9				5		

f)

			8				12		14

g)

8					13				17

h)

	16	17						23	

i)

				15			12		10

j)

26					21				17

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Answer Key

Complete the sequence by either adding or subtracting 1 to find the missing numbers.

a) | 38 | 37 | 36 | 35 | 34 | 33 | 32 | 31 | 30 | 29 |

b) | 25 | 24 | 23 | 22 | 21 | 20 | 19 | 18 | 17 | 16 |

c) | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 |

d) | 36 | 37 | 38 | 39 | 40 | 41 | 42 | 43 | 44 | 45 |

e) | 12 | 11 | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 |

f) | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |

g) | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 |

h) | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 |

i) | 19 | 18 | 17 | 16 | 15 | 14 | 13 | 12 | 11 | 10 |

j) | 26 | 25 | 24 | 23 | 22 | 21 | 20 | 19 | 18 | 17 |